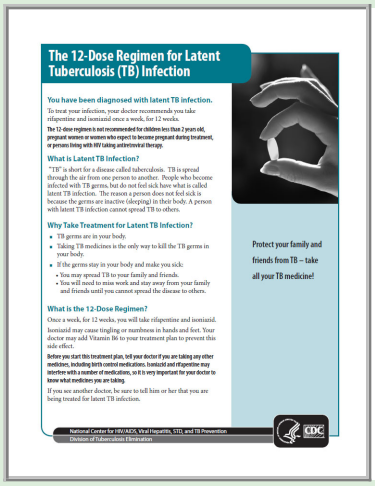

The 12-Dose Regimen for Latent Tuberculosis (TB) Infection

You have been diagnosed with latent TB infection.

To treat your infection, your doctor recommends you take rifapentine and isoniazid once a week, for 12 weeks.

The 12-dose regimen is not recommended for children less than 2 years old, pregnant women or women who expect to become pregnant during treatment, or persons living with HIV taking antiretroviral therapy.

What is Latent TB Infection?

"TB" is short for a disease called tuberculosis. TB is spread through the air from one person to another. People who become infected with TB germs, but do not feel sick have what is called latent TB infection. The reason a person does not feel sick is because the germs are inactive (sleeping) in their body. A person with latent TB infection cannot spread TB to others.

Why Take Treatment for Latent TB Infection?

- TB germs are in your body.
- Taking TB medicines is the only way to kill the TB germs in your body.
- If the germs stay in your body and make you sick:
  - You may spread TB to your family and friends.
  - You will need to miss work and stay away from your family and friends until you cannot spread the disease to others.

What is the 12-Dose Regimen?

Once a week, for 12 weeks, you will take rifapentine and isoniazid.

Isoniazid may cause tingling or numbness in hands and feet. Your doctor may add Vitamin B6 to your treatment plan to prevent this side effect.

Before you start this treatment plan, tell your doctor if you are taking any other medicines, including birth control medications. Isoniazid and rifapentine may interfere with a number of medications, so it is very important for your doctor to know what medicines you are taking.

If you see another doctor, be sure to tell him or her that you are being treated for latent TB infection.

Protect your family and friends from TB – take all your TB medicine!

National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
Division of Tuberculosis Elimination

12-Dose Regimen for Latent TB Infection

33762**Author:** CDC NCHHSTP Division of Tuberculosis Elimination

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This brochure was developed for clinicians to use with patients while discussing the 12-dose regimen. The brochure contains information on latent TB infection, the 12-dose regimen, treatment schedules, and adverse events. There is space on this brochure to write in treatment schedules and clinic/office contact information.

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CDC NCHHSTP Division of Tuberculosis Elimination
Centers for Disease Control and Prevention (CDC)
National Center for HIV/AIDS Viral Hepatitis STD and TB Prevention
Division of Tuberculosis Elimination
1600 Clifton Rd NE MS E10
Atlanta, GA 30333
Hotline: (800) 232-4636
http://www.cdc.gov/tb

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