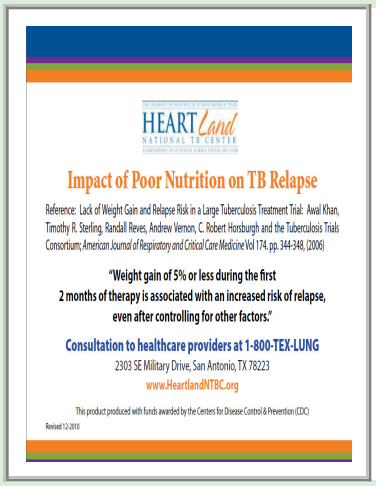

HEARTland NATIONAL TB CENTER

Impact of Poor Nutrition on TB Relapse

Reference: Lack of Weight Gain and Relapse Risk in a Large Tuberculosis Treatment Trial: Awal Khan, Timothy R. Sterling, Randall Reves, Andrew Vernon, C. Robert Horsburgh and the Tuberculosis Trials Consortium; *American Journal of Respiratory and Critical Care Medicine* Vol 174. pp. 344-348, (2006)

"Weight gain of 5% or less during the first 2 months of therapy is associated with an increased risk of relapse, even after controlling for other factors."

Consultation to healthcare providers at 1-800-TEX-LUNG

2303 SE Military Drive, San Antonio, TX 78223

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This pocket guide presents information regarding body mass index (BMI) and its relationship to TB relapse. BMI tables, BMI formulas, and a definition of TB relapse are included.

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Notes

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