



Smoking Cessation and Smokefree Environments for Tuberculosis Patients

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Abstract:

This Guide describes how to make TB services 100% tobacco-free, then presents 'ABC for TB', an intervention for TB programmes to help patients quit smoking and to promote smokefree homes for patients and families. It advocates keeping cessation simple, expanding it widely through the health services and reaching communities. 'ABC for TB' does not require specialised staff, clinics or medicines. It is delivered systematically within routine programme activities and can be done within as little as 2-5 minutes. It includes recording and monitoring processes and outcomes. Programmes will work in healthier environments and contribute significantly to the prevention and control of both tuberculosis and tobacco.

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Case Management, General TB Information, Guidelines, Policies, and Protocols

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